Beatrice Community Mural Created by Southern Graduate

Sydney Saathoff, a 2015 Southern graduate was the selected artist for the 2021 Beatrice Mural Project. After graduating from Southern, Saathoff attended the University of Nebraska at Lincoln where she received a Bachelors in Graphic Design. After graduating from college, she began her own freelance company called True Design Co. where she creates logos, designs, illustrations, paintings, and more for her clients. When she heard about the opportunity to enter the Beatrice Mural project she decided to apply.

"I was always an artist, but I honestly think going to school for graphic design has helped me so much with creating this mural. I was able to digitally plan it out before painting it which helped us visualize the finished project before even starting it, it also helped the process go a lot smoother."

Day by day Saathoff overcame the immense size of the mural and even conquered her fear of heights on the scaffolding.

"My advice to anyone out there that has a dream but is not sure if they should pursue it or not, I say go for it if you have a lot of love and passion for it.-You can achieve anything if you have that passion to just keep pushing and chasing your dream, even if it gets hard. I've heard this quote and it has stuck with me ever since "No pressure, no diamonds."

And that is what has helped me chase my dreams and exceed my limits and I hope it can inspire you guys to do as well!"



Beat

Southern Spotlight



New Dual Credit Offerings

Starting the 2020-2021 school year students who took Pre Calculus & Trigonometry were able to earn college credit for College Algebra through Peru State College. Beginning the 2021-2022 school year Calculus will be available to take as a dual credit course through Peru State College. Any student who chooses to take both of the dual credit offerings could earn up to a total of 8 college credit hours in math.

Let Us Know

Do you know of a Southern student who has gone above and beyond for our community? We would love to recognize them for their hard work and positive impact right here on the next Southern Spotlight. If you know of an opportunity in the community that our kids can be involved in? Let us know.

> Contact the Southern Steering Committee (Attn: Dr. Chris Prososki) 402.645.3326

For more information go to: www.southernspublic schools.org



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Southern Pilots Social-Emotional Learning (SEL) Curriculum

(In Preschool-1st Grade & in 7th-8th Grade)

The Purpose of SEL: Let's Be Clear

Social-emotional learning isn't just a feel-good activity. It's not psychotherapy or an attempt to parent kids. Nor is it a substitute for core academic subjects such as math, science, or literacy. Instead, SEL concepts provide an extra dimension to education, focusing on improving cooperation, communication, and decision making. In a world where emotional intelligence is critical for lifelong happiness, successful careers, and healthier relationships, SEL gives students a framework for developing these skills.

Social-Emotional Skills Can Be Learned

Children learn social-emotional skills in a variety of ways, including the behavior they see modeled by the adults in their lives. But social-emotional skills and concepts can also be taught explicitly in the classroom, in much the same way math or reading is taught.

